

HEALTH SUPPORT FOR CHILDREN

The following supplements are available to patients in the office or can be mailed directly

FOR GENERAL SUPPORT:

CHILDREN 3 – 8 YEARS:

- Imu Max : ½ teaspoon daily
- Bio-C Chewables : 1 wafer daily
- Super Nutes : 1 chewable tablet daily
- Oscillococcinum : 1 tube every two weeks on an empty stomach

CHILDREN 9 – 12 YEARS:

- Imu Max : 1 teaspoon daily
- Bio-C Chewables : 1 wafer daily
- Super Nutes : 1 chewable tablet twice daily
- Oscillococcinum : 1 tube every two weeks on an empty stomach

For Children Who Can Swallow Capsules:

- Imu Max : 1 teaspoon daily
- Two a Day : 1 capsule daily
- C-Enhance : 1 capsule daily

TO SUPPORT HEALTH WHEN ILL:

CHILDREN 3 – 8 YEARS:

- **Nutrient Elixir: Take three times daily.** Mix in 4 oz water and sweeten to taste as needed with Xylitol, D-Ribose or Stevia: (These can also be taken separately)
 - Mycelized A drops : 2 drops
 - Propolis : 0.25ml (10 drops)
 - Imu Max : ½ teaspoon
 - Black Elderberry : ½ teaspoon
 - Buffered C Powder : ¼ scoop

CHILDREN 9 – 12 YEARS:

- **Nutrient Elixir: Take three times daily.** Mix in 4 oz water and sweeten to taste as needed with Xylitol, D-Ribose or Stevia: (These can also be taken separately)
 - Mycelized A drops : 4 drops
 - Propolis : 0.50ml (20 drops)
 - Imu Max : 1 teaspoon
 - Black Elderberry : 1 teaspoon
 - Buffered C Powder : ½ scoop

For sore throat or cough, please consult with Dr. Sciabbarrasi.