



Looking Younger Feeling Great

A Presentation you won't want to miss

Time:
April 1, 2010
7:00pm

Located:
Main Auditorium
Santa Monica Public Library
601 Santa Monica Blvd.
Santa Monica, CA 90401

Please RSVP to Joy Ichikawa:
Joy@drjosephmd.com

**LOOK AND FEEL TEN YEARS YOUNGER
THE FIRST OF A FOUR PART SERIES ON REJUVENATION
MEDICINE PRESENTED BY
JOSEPH SCIABBARRASI, M.D.**

I will be presenting a four part series on Rejuvenation Medicine at the Santa Monica Public Library beginning **Thursday, April 1.**



***The presentations are free for patients,
their families and their invited guests***

This is going to be fun and exciting for all who attend. We'll be looking at the major issues in rejuvenation we all face:

***Slimming Down for Summer and Forever
Hormonal Resuscitation – Sexy and Vibrant Again!
Rejuvenating and Protecting your Heart Health
Keeping the Immune System Vibrant***

The first of these will address one of the most difficult problems we face as we age – too much of Us. Why it's so difficult to lose the weight and how we outsmart this.

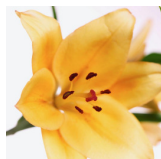
We will be doing a body composition analysis on a volunteer from the audience, and offering an additional free body composition analysis to five lucky patients from the audience as well. Our Clinical Nutritionist, Jo Elen Gidish will also be there to present ideas and feedback to your questions!



Underground parking is located on 7th St, between Santa Monica Blvd. and Arizona. Take the elevator directly to the Auditorium hallway.

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This program is not sponsored by the Santa Monica Public Library



Everyone who comes to the presentation is also eligible for a 10% discount on their initial evaluation with myself and Jo Elen for their weight loss program.